# ENDEAVOUR

#### MURWILLUMBAH HIGH SCHOOL 86 Riverview St, Murwillumbah, NSW 2484

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### NSW CHS Volleyball Championships

### Murwillumbah High defeated by Sydney Boys High in an enthralling grand final

A HUGE congratulations to our Senior Boys Volleyball team who have finished runners up at the NSW CHS State Knockout Volleyball held at Sydney Olympic Park.

The boys were the only country team to make the semi finals and were up against three Sydney teams. They won their semi against Baulkham Hills High School but went down in a close game against Sydney Boys High School in the grand final. What an amazing achievement! The Murwillumbah community is extremely proud of you all!

Congratulations to super coach Mr Marshall who has been with them all the way! (photograph below)



INSPIRING EVERY STUDENT

EVERY DAY

### **ISSUE 7: 8 AUGUST 2018**

### UPCOMING EVENTS

	0100				
This	s calendar is availab	le on the Murwillumbah High School webpage			
www.murwillumb-h.schools.nsw.edu.au					
Monday	13 August	Year 12 Trial HSC Exams commence			
Tuesday	21 August	P&C Meeting 6pm			
Wednesday	22 August	Year Meetings			
Friday	24 August	Year 12 Trial HSC Exams concluce			
Monday	3 September	Year 10 VALID testing commences			
Thursday	6 September	Year 8 - Take a Stand			
Friday	7 September	T5 Maths Olympiad			
Tuesday	11 September	Formal Assembly			
Thursday	13 September	Year 7 Vaccination Day			
Friday	14 September	T5 Maths Study Day			
		Year 10 VALID testing ends			
Monday	17 September	Year 11 Preliminary Final Exams commence			
Tuesday	18 September	P&C Meeting 6pm			
Wednesday	19 September	FNC Boys Cricket			
Tuesday	25 September	Year 12 Graduation Assembly at 10am			
Wednesday	26 September	Year 12 Formal at 6pm			
Friday	28 September	Year 11 Preliminary Final Exams conclude			
		End of Term 3			



### Bowman hits a bullseye

Jabara Callaghan-Audet (photograph below) was recently selected in the Australian Archery Team to compete in the World Archery Oceania Champiohships held in New Caledonia during the July school holidays. He won gold medals for Australia in both his events (1440 and Matchplay). As well as his successes in the Trans-Tasman Championships earlier this year, he has won gold medals in the three Queensland State Championships he has competed in so far this year. Jabara has been selected as the youngest member of the Queensland squad for an Archery Australia Regional Development Program for archers considered to have the potential to go on to represent Australia in future World Archery championship events.



### **HSC Minimum Standard**

If you are sitting your HSC exams in or after 2020 you will need to meet a minimum standard of literacy and numeracy to receive your Higher School Certificate.

Please copy and paste the following link into your internet browser to find out more details.

http://educationstandards.nsw.edu.au/wps/portal/ nesa/11-12/hsc/hsc-minimum-standard?utm\_ source=TractionNext&utm\_medium=Email&utm\_

### **National Tree Day**

It was all smiles at the Support Unit on Friday 27 July when Michael from Hayes Toyota showed up! It's National Tree Day and Hayes Toyota donated a whole bunch of goodies to help support our garden project!

Tree Day is an opportunity for you to do something positive for your community and the environment by connecting with nature.

National Tree Day started in 1996 and since then more than 3.8 million people have planted 24 million trees and plants and it's still growing (photographs below).







### **Sport News**

On Friday the 27 July Edward Hubbard and Nick Everest both competed at the NSW All Schools Cross Country Championships at Eastern Creek Raceway against the state's best runners. Edward finished eighty-third in the 18 years division (8km) and Nick finished twenty-ninth in the 12 years division (3km).

On Tuesday 24 July, Kyle Jeffery-Prestwich represented NSW CHS in Hockey at the All Schools Championships. Kyle was a member of the winning side against both Catholic and Independent teams. Kyle was selected in the NSW schoolboys team to play at the Australian Schoolboys Championships. Australian representative, Mathew Butturini was the last Murwillumbah High School student to achieve that honour and we hope Kyle can go on to achieve similar success.

During the recent school holidays Kyle Jeffery-Prestwich along with Luke Catterall represented Border Hockey at the U18 Queensland State Championships held in Ipswich. Border won the gold medal, a feat that the team has not achieved for many years. Kyle was selected in the Queensland side.

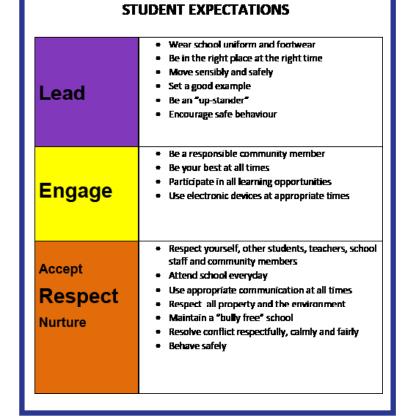
Maddi Hayes and Charlie Munro also competed for Border Hockey at the U13 Girls Queensland Championships held in Bundaberg where they made the final and earned a silver medal. Maddi was chosen in the Queensland team.

Nick Catterall, Finn Caban, Seth Jamieson and Luke Hall also competed for Border Hockey at the U13 Boys Queensland Championships held in Mackay. Nick was selected in the Queensland team.

On the weekend of 28 & 29 July, Patrick and James Kirk competed in the Gold Coast Regional Tenpin Bowling Championships held at Tweed Heads. They competed in singles, doubles and teams events. Patrick earned third place overall and James finished seventh.

Cooper Stavar recently competed for Gold Coast in the Queensland U13 Football Championships where the team earned a bronze medal.

Seven athletes will travel to Coffs Harbour this Thursday for the North Coast Athletics carnival.



### Japanese students visit Murwillumbah High School

From 28 July to 6 August, eight students from Hinohara Junior High School and three students from Toshima Junior High School along with their teachers, visited Murwillumbah High School and participated in a cultural immersion program. It was a hectic ten days with students involved in cultural activities, classes and an excursion to the Macadamia Castle.

This is an annual visit to Murwillumbah High School and the Deputy Principal from Hinohara Junior High School commented on the exceptional behaviour of our students, the welcoming feel of the school and the success of the program. Thank you to the families who opened their homes to host the visiting students. We look forward to continuing the relationship with Hinohara and Toshima Junior Hi Schools and their return next year.

(See photographs pages 4 & 5)

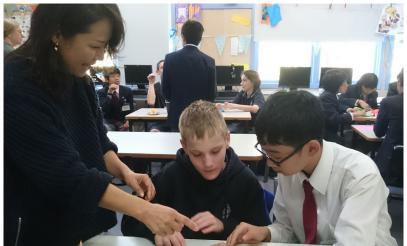
























### **Youth and Community Connections**

The Youth and Community Connections (YACC) program is an initiative of Mr Dean Files who implemented the program at Murwillumbah High School as well as two other Far North Coast high schools. The program encourages students from Year 8 to Year 10 to work individually with a local community volunteer mentor to initiate and develop a project that will assist their community in some positive way. The range of projects are wide reaching, ranging from animal welfare, fundraising, blood donation drives to assisting the homeless, amongst many other worthy causes.

The value in this program has immense benefits for the participants where the focus is every bit on the journey the students take as on the project itself. Sometimes there is no final project, rather a seed is sown within the community whereby an existing organisation takes the lead on the student's initiative.

We have been thoroughly heartened by the depth of care evident within our youth. It's been a privilege and a great pleasure to witness our great group of participants on their road of discovery as they realise they have a voice and a relevant place within their community.

Thank you to our wonderful mentors who freely give their time to guide our students on their individual journeys. Their expertise, community contacts and patience have paid dividends.

We now look forward to the culmination of the 2018 program as the students from all three high schools showcase their journeys and projects to the wider community through an event hosted by Banora Point High School in early August (photograph below).

### **Tokoton Taiko Drumming**

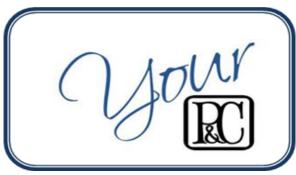
Tokoton Taiko drumming team visited the school yesterday. A taiko is a traditional Japanese drum. They come in different sizes and styles. Watching the performance, students commented on the speed and whole body movement of the drummers. Then students were able to pick up the bachi (drumsticks) and participate in a group drumming routine which they enjoyed immensely (photographs below).











murwillumbahhighschoolpc@ gmail.com

### Do you have a few hours to spare??

Although the canteen employs casual staff, it is volunteers who are crucial to the success of the canteen. They are our most precious resource and they allow us to provide a quality service at very reasonable prices.

We are striving to serve more fresh goods, which has resulted in more students coming to the canteen so more volunteers are required.

The canteen operates 5 days a week and volunteers are usually only needed until 11.30am.

Please call Sam on 0429 324 977

Canteen roster			
Monday 13 August Deb Hall	Monday 20 August Jo Plummer	gust Monday 27 August Deb Hall	
Tuesday 14 August	Tuesday 21 August	Tuesday 28 August	
Wednesday 15 August	Wednesday 22 August	Wednesday 29 August	
Thursday 16 August Gregg Family	Thursday 23 August	Thursday 30 August	
Friday 17 August	Friday 24 August	Friday 31 August	

If you are unavailable on these dates please contact Sam Campbell on 0429 324 977 or email murbahcanteen@gmail.com

Monday 3 September Karen Prestwich	Monday 10 September Deb Hall	Monday 17 September Nola Willows	Monday 24 September Jo Plummer
Tuesday 4 September	Tuesday 11 September	Tuesday 18 September	Tuesday 25 September
Wednesday 5 September Deb Hall	Wednesday 12 September	Wednesday 19 September	Wednesday 26 September
Thursday 6 September	Thursday 13 September	Thursday 20 September Donna Rayner	Thursday 27 September
Friday 7 September	Friday 14 September	Friday 21 September	Friday 28 September Term 3 ends







Grow your child's love of **Y O G A & D A N C E** along with their self-confidence and social skills in our fun filled classes. IMPROVE: FOCUS + ATTENTION \* CARDIO + FITNESS \* POSTURAL ALIGNMENT POSITIVE BODY IMAGE \* BALANCE + COORDINATION \* HEALTH & HAPPINESS

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# AUSTRALIAN ARNI CADETS 225 ACUNURNILUMBAH

The Australian Army Cadets, an initiative of the Australian Defence Force, is a premier youth development organization based on the customs and traditions of the Australian Army.

### WHAT WILL I DO AND LEARN?

As an Army Cadet you'll be offered challenging and inspiring experiences. You will learn valuable life work and skills. You will;

Make new friends
Be part of a team
Learn to take responsibility

Have fun
Gain leadership skills
Learn bush skills like canoeing,

communications, abseiling, field craft, orienteering and map reading
Undertake tough adventure training and go bush

- Visit Army bases, attend annual camps and participate in challenging opportunities during the school holidays

- Participate in Marksmanship activities and competitions

- participate in significant services and ceremonial activities including ANZAC Day

### **CONTACT US**

225 ACU Murwillumbah Cnr Rous & Ewing Streets Murwillumbah (02) 6672 1474

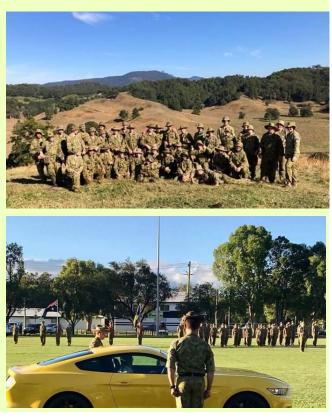
### **CAN I JOIN?**

To join Cadets you must;

- Be a resident of Australia
- Be turning 13 the year you join.
- Be able to attend the activities of the unit
   Agree to abide by the ACC Code of

Conduct

- Complete an application form and have your parent or guardian sign it
- Have your application accepted by a unit Commander





# **ORAL HEALTH BASICS** FOUR SIMPLE TIPS



Brush twice daily, with fluoride toothpaste



Bat healthy. Reduce sugary drinks and food



2 Use floss at least once a day



**4** Visit the dentist for regular check-ups

## **TO FIND OUT MORE VISIT ADA.ORG.AU**

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australiandentalassociation



## **Employers** Relp Develop the Next Generation of Skilled Workers

### Work Placement for Year 11 & 12 Students

If you're an employer within the Tweed to Grafton areas, you have an opportunity to develop future employees within your workplace.

Work placement is a compulsory component of School and TAFE Vocational Education and Training (VET) courses that are recognised by both industry and HSC accreditation.

### If You Work In:

- Business Services
- IT
- Construction
- Hospitality
- Tourism
- Financial Services
- Human Services
- Retail
- Electrotechnology
- Entertainment
- Metals and Engineering 
   Automotive
  - Primary Industries

You can make a difference to the future of your community by hosting one or more students.

### **For More Information:**

### **TWEED OFFICE**

Lisa McCabe & Kate Fewtrell

- P 07 5536 9033

Structured Workplace Learning Program.

CONNEC

Education & Communities

The coordination of structured workplace learning is funded by the State of New South Wales through the Department of Education and Communities under the

NORTHERN RIVERS Inc.

Work Placement Service

LISMORE OFFICE

Jacqui Brenton, Sue Willis & Donna Barker

- P 02 6622 4199
- E workplacement@connectnr.com E workplacement@connectnr.com